## Real-World Characteristics of 50,000 Patients Treated With Intracanalicular Dexamethasone Insert: Analysis using IRIS®Registry

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#### **Disclosures**

- Presenter: Renee Bovelle reports speaker fees from Ocular Therapeutix (outside of the current study),
  Bausch & Lomb, Sun Ophthalmics, and Allergan/AbbVie; consultancy to Allergan/Abbvie, Avellino,
  Dompe, Johnson & Johnson, Novabay, Novartis, Tarsus, and Zeiss
- **Co-authors:** Srilatha Vantipalli, Dina Akasheh, Matthew Cheung, Aditi Bauskar and Rabia Gurses-Ozden are employees of Ocular Therapeutix. Michael Mbagwu, Meghan Hatfield, and Rachel Myers are employees of Verana Health.
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#### **Background**

- Topical steroids and NSAIDs are often used to prevent and treat post-op inflammation and pain following ophthalmic surgery<sup>1</sup>
- Intracanalicular Dexamethasone Insert (DEXTENZA [DEX])<sup>2</sup>:
  - Hydrogel-based insert that releases dexamethasone to the ocular surface in a tapered fashion
  - Free of antimicrobial preservatives
  - FDA-approved for the treatment of:
    - Post-op ocular inflammation and pain
    - Ocular itching associated with allergic conjunctivitis

Research Question: How is DEX used among cataract surgery patients in real-world clinical practice?



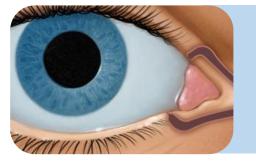
#### Activates:<sup>2,3</sup>

- With moisture
- Swells to fit in the canaliculus



#### Releases:2,3

 Dexamethasone for up to 30 days



#### Resorbs:<sup>2,3</sup>

- Slowly through the course of treatment
- Clears via the nasolacrimal duct

### Methodology: A Retrospective Analysis of EHR Data using the Academy's IRIS Registry (Intelligent Research in Sight)

Objective: To characterize demographics and clinical comorbidities of cataract surgery patients who received intracanalicular dexamethasone insert (DEX)

# IRIS Registry<sup>a</sup> Total Unique Patients 72.7 million Total Patient Visits 434.5 million Total Clinicians 13,619



#### **Key Inclusion Criteria**

- Underwent cataract surgery<sup>b</sup> from June 1, 2019 to November 30, 2022
- Intracanalicular dexamethasone<sup>c</sup> used within -2 to +7 days of cataract procedure



#### **Key Exclusion Criteria**

- Missing laterality for cataract surgery or patient demographic information
- Less than 1-month follow-up after cataract surgery
- Mention of dexamethasone intraocular suspension (DEXYCU®) in the procedure table

#### **Study Outcomes**

- Patient baseline demographics
- Clinical ocular comorbidities (up to 6 months preceding date of cataract surgery)
- Type of cataract surgery

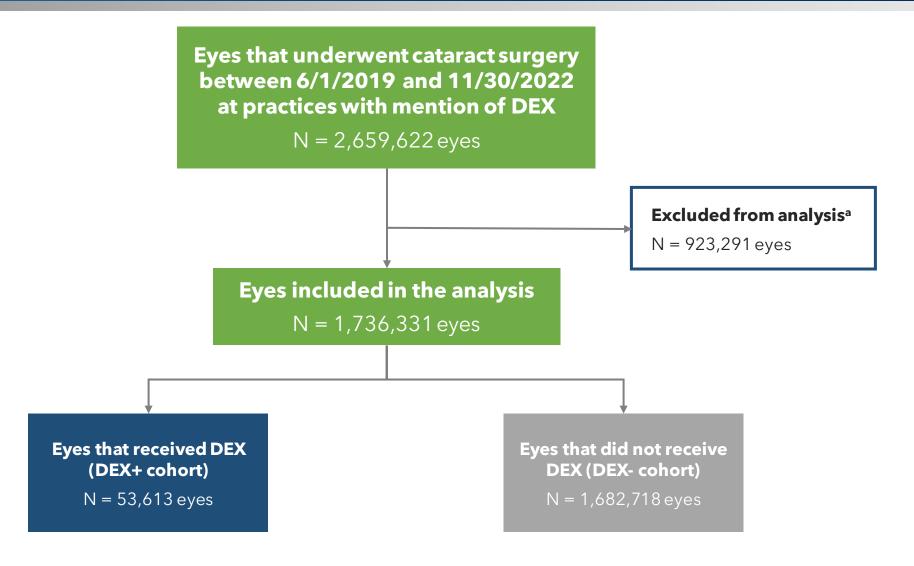
<sup>&</sup>lt;sup>a</sup> as of October 1, 2023.. <u>https://www.aao.org/iris-registry/data-analysis/requirements</u>

b defined as presence of CPT code 66984 or 66982

<sup>&</sup>lt;sup>c</sup> defined as presence of J-code (J1096), C-code (C9048), CPT code (0356T), NDC number (70382-0204-01,70382-204-10), or keywords indicated intracanalicular dexamethasone use (eg. "DEXTENZA", "dexamethasone, lacrimal ophthalmic insert", "intracanalicular dexamethasone", "lacrimal dexamethasone insert") in the procedural table

didentified by the presence of new ICD-10 codes

#### **Study Population**



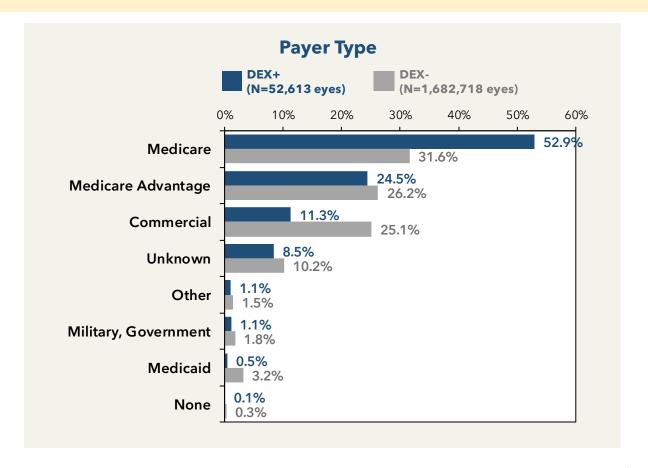
<sup>&</sup>lt;sup>a</sup> based on exclusion criteria: 1) Missing laterality for cataract surgery 2) Missing patient demographic information 3) Less than 1-month follow-up after cataract surgery 4) Mention of dexamethasone intraocular suspension (DEXYCU®) in the procedure table

#### **Patient Characteristics and Demographics**

#### DEX+ patients were on average 73.8 years old, 60.3% female and 52.9% Medicare beneficiaries

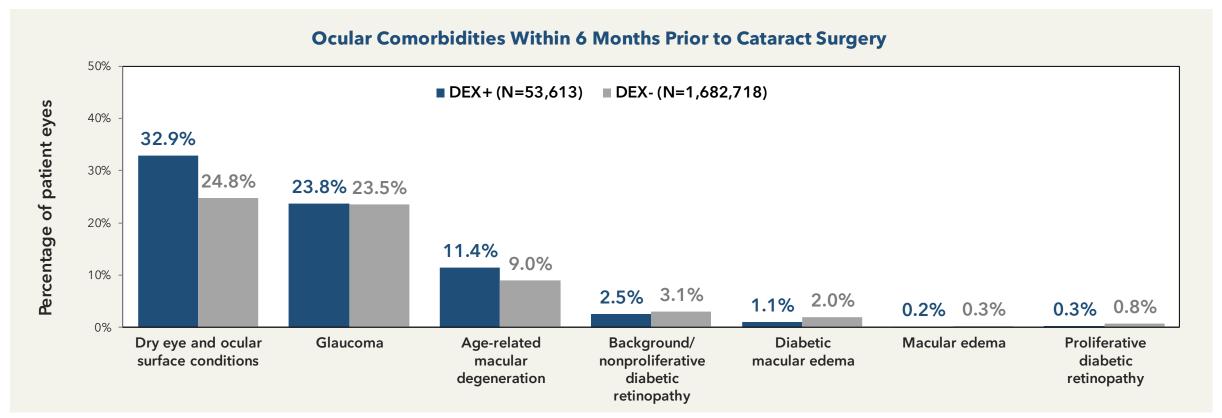
#### **Baseline Demographic Characteristics**

Demographic Characteristics	<b>DEX+</b> (N=52,613 eyes)	<b>DEX-</b> (N=1,682,718 eyes)
Mean age, years (SD)	73.8 (6.53)	70.6 (8.92)
Sex, n (%)		
Female	32,355 (60.3%)	995,334 (59.2%)
Male	21,258 (39.7%)	687,384 (40.8%)
Race, n (%)		
White/Caucasian	41,012 (76.5%)	1,117,565 (66.4%)
Black/African American	2,768 (5.2%)	123,247 (7.3%)
Asian	648 (1.2%)	33,680 (2.0%)
Other	406 (0.8%)	27,566 (1.6%)
Unknown	8,779 (16.4%)	380,660 (22.6%)
Ethnicity, n (%)		
Not Hispanic or Latino	32,167 (60.0%)	924,014 (54.9%)
Hispanic or Latino	1,295 (2.4%)	91,626 (5.4%)
Unknown	20,151 (37.6%)	667,078 (39.6%)



#### **Preoperative Characteristics: Ocular Comorbidities**

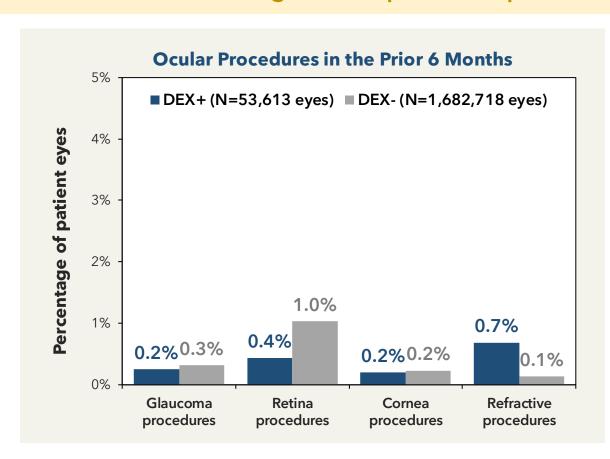
- DEX was used more frequently in patients with dry eye and ocular surface conditions
  - Use of DEX was observed in patients with a history of glaucoma

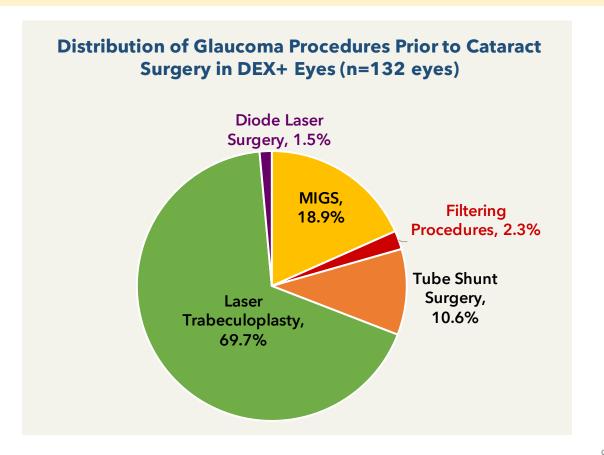


#### Preoperative Characteristics: History of Ocular Procedures in Prior 6 Months

Clinicians administered DEX in eyes with a history of glaucoma surgery

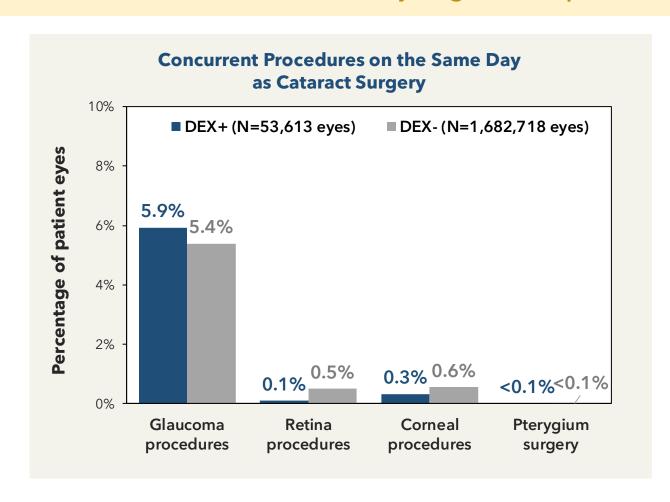
The most common glaucoma procedure prior to cataract surgery was laser trabeculoplasty (69.7%)

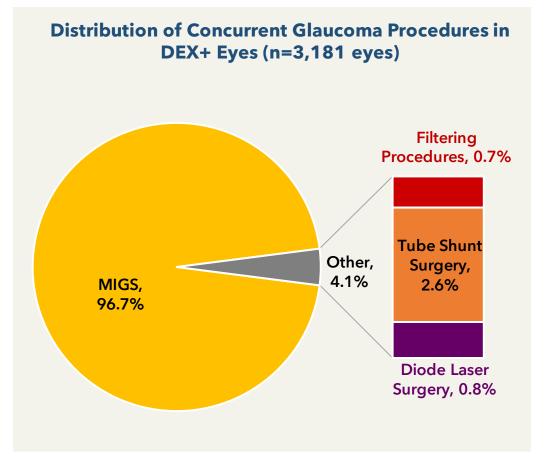




#### **Intraoperative Characteristics: Concurrent Procedures**

5.9% of DEX patients underwent concurrent glaucoma surgery on the same day as cataract surgery with nearly all glaucoma procedures being MIGS (96.7%)





#### **Conclusions**

- This study represents the largest analysis of patients who received intracanalicular dexamethasone insert, encompassing over 50,000 eyes
- The findings highlight demographic details and clinical characteristics of cataract surgery patients treated with intracanalicular dexamethasone between 2019 through 2022.
- Observations from the real world demonstrated a higher utilization of DEX in individuals with dry eye and ocular surface disorders, suggesting a potential prescriber preference
- DEX, a sustained-release steroid insert, was utilized in patients with pre-existing glaucoma and those who had combined cataract and glaucoma surgeries